



THE UPLAND APARTMENTS
1162 EAST 19TH STREET
UPLAND, CA 91784

THE UPLAND JANUARY 2026

Community News

January is here, bringing fresh energy and a sense of possibility. A new year means new moments to enjoy, familiar faces to reconnect with, and plenty of reasons to appreciate the place we call home. We're excited to step into 2026 together and look forward to another year of connection, comfort, and community.

January Resident Event

January 31 - Board & Bloom

Board & Bloom—Vision Board Party. Stop by for mimosas, baked goods, and manifestations for 2026! Feel free to bring your own magazines if you have them; we will have some on hand. **1/31 10 am-12 pm.**

[Stay in the Loop w/ Our Events!](#)



Moments That Made Our Year!

Where 2025 Brought Us Together

Looking back on 2025, what stands out most is how closely this community came together through moments big and small.

From National Night Out and Halloween parties to flower arranging, pajama brunch, bingo nights, and endless holiday fun, each gathering created space for laughter, connection, and familiar faces coming together again and again.

[2025 Recap!](#)

What They're Saying

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"Having rented apartments for my entire adult life, I can confidently say that The Upland apartments have been the most outstanding. The property's aesthetic appeal is undeniable, both inside and out, and the community's cleanliness is impressive. Parking is always available, and the staff's exceptional friendliness and communication skills make a significant positive impact. The community's engagement efforts are also praiseworthy, featuring enjoyable events that foster a sense of appreciation and belonging among residents. In my opinion, this community is truly exceptional, and I would highly recommend The Upland apartments to anyone seeking a living space that they will love and cherish. Come see Andrew he's been amazing from day one!"

[Share the Love!](#)

**This is just a sample of our reviews.*

Local Feature

Taste of the I.E. 2026

Kick off the new year by celebrating the best flavors of the region at the Taste of the Inland Empire. This highly anticipated annual event brings together top local restaurants, wineries, and breweries for an unforgettable night of tastings. Beyond the food, you can enjoy live music, dancing, and community games. It's the perfect way to discover your next favorite neighborhood spot while mingling with fellow Uplanders. If you prefer a recurring local vibe, don't forget the Upland Farmers' Market happening every Saturday morning (9 AM - 2 PM) in the historic downtown area—perfect for grabbing fresh, local produce to cook up in your Upland kitchen.

When: Friday, January 23, 2026 | 6:00 PM - 10:00 PM
Where: DoubleTree by Hilton, Claremont (just a short hop from home!)

[Ticket Booth](#)



Pet Of The Month

SWEET POM POM

Upland Adorable Pet of the Month: The Fabulous Pom Pom!

Upland, make way for a local legend! We are thrilled to introduce our January Pet of the Month, Pom Pom, a 2-year-old Pomeranian with a personality that's even bigger than her fluff. This girl lives life in full color—specifically PINK, which you'll frequently see her sporting (by her own demand, of course!). While she's a fashion icon, she's also a bit of a rebel; her favorite activity is chewing on anything she shouldn't, leading to a few legendary late-night vet adventures. When she's not busy being fabulous, she's hard at work protecting the community from her three biggest enemies: trash trucks, anyone approaching her front door, and any dog who hasn't been properly investigated yet. We love a girl with attitude—welcome to the spotlight, Pom Pom!



Live Well

Intentional New Beginnings

The Vibe: Healing & Movement Focus: Mind-Body Reset

January at The Upland is about finding your center amidst the beautiful San Gabriel backdrop. This month, we're focusing on The Reset, a wellness movement gaining traction in our community that emphasizes therapeutic movement and presence.

Your Wellness Mission:

Therapeutic Yoga: Visit The Mind-Body Connection on Central Ave for a "Healing Foundations" class. They focus on nervous system resets rather than just perfect poses—ideal for shedding any remaining 2025 stress.

Trail Therapy: Take advantage of our proximity to San Antonio Heights. A crisp morning hike provides a natural serotonin boost and breathtaking views of the snow-capped peaks.

Infrared Detox: For a quicker "glow," try a session at [HOTWORX Upland](#). The combination of infrared heat and isometric exercise is a great way to boost circulation and energy levels during the cooler January days.



Good Friends Make Great Neighbors

Do you know someone looking for a new home? **Forward this newsletter and tell them about The Upland!** Refer your friends and family to get \$200 rent credit for each person who moves in!

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